

# 10 Things to keep an eye on

Look out for these warning signs in your child.  
They may indicate a problem.



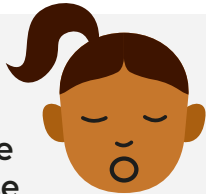
Having trouble reading and / or avoiding near or close activities.



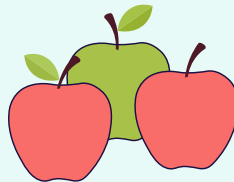
Tilting their head, covering one eye, or squinting their eyes when looking at objects (near and far).



Frequent blinking or rubbing their eyes.



When they are required to use their eyes, they lose interest quickly.



Difficulty differentiating between shades of the same or similar colors. E.g. red and green, or blue and yellow.



Drifting or misaligned pupils.



Watery, itchy, painful, crusty, or sticky eyes.



Red, brown, or grey spots on the whites of the eye.



In photos, a red, white or yellow reflection appears in their eyes.

They have been prescribed glasses but avoid wearing them, complaining of ongoing discomfort or blurry vision.



## IMPORTANT:

Your child may not recognise or be able to tell you they are having an issue with their eyes. But there will be signs. Consult your child's paediatrician, optometrist or ophthalmologist, if you recognise any of the above signs in your children. Take extra care if you have a family history of eye conditions or your child was born preterm or has other health conditions.

